

# **Chia: The Complete Guide To The Ultimate Superfood By Wayne Coates PhD (May 1 2012)**

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The complete guide to the Ultimate Superfood (author Wayne Coates, PhD) This definitive work covers the history and benefits of chia, provides a complete

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NUMERO 3 2012 published by 2009, 6, 30-5. 23) Hill AM. , Coates medicine in WAYNE JONAS s and JEFFREY LEVINE s textbook for

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Wayne Coates is a Research Professor in the Office of Arid Lands Studies at the University of Arizona. His work with chia began in 1990, and he developed the system

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NPR coverage of Chia: The Complete Guide to the Ultimate Superfood by Wayne Coates and Stephanie Pedersen. News, author interviews, critics' picks and more.

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Author: Wayne Coates, Title: Chia: The Complete Guide to the Ultimate Superfood (Superfood Series) (Paperback), Publisher: Sterling, Category: Books, ISBN

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